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A Practical Treatise on Diet And on the Most Salutary and Agreeable Means of Supporting Life and Health by Aliment and Regimen and Including the Application of Modern Chemistry to the Culinary Preparation of Food, William Nisbet, 1801, Diet, 434 pages. .

Diet and Disease, Bonnie Juettner, 2011, Juvenile Nonfiction, 104 pages. Discusses the connection between poor diet and disease and what can be done to prevent illnesses using diet, exercise, and nutrition..

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Human Nutrition Its Physiological, Medical and Social Aspects, a Series of Eighty-Two Essays, Jean Mayer, 1972, Medical, 721 pages. A leading nutritionist offers his analyses of dietary requirements and their implications for medical and social problems. Bibliogs.

World Review of Nutrition and Dietetics, Volume 16, Geoffrey Howard Bourne, 1973, Diet, 511 pages. .

Eat and Heal , Frank W. Cawood and Associates, May 1, 2001, Health & Fitness, 384 pages. Great news! Delicious foods you already love to eat can prevent -- and even help cure -- many common ailments, including heart disease, cancer, diabetes and arthritis. In FC&A.

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The Complete Guide to Nutritional Health More Than 600 Foods and Recipes For Overcoming Illness and Boosting Your Immunity, Pierre Jean Cousin, Kirsten Hartvig, Jul 1, 2006, Health & Fitness, 288 pages. Focusing on the curative properties of food, this comprehensive guide to healthy eating features more than 350 recipes and profiles of more than three hundred common foods.

Getting the most out of food: selected studies on the modern, Volume 9 selected studies on the modern approach to feeding and nutrition, , 1975, Social Science, 136 pages. .

Eat without guilt the anti-diet book, Norman Goodridge Furman, 1991, Health & Fitness, 306 pages. .

Party Bites , Lydia France, 2008, Cooking, 96 pages. Lydia France offers a multitude of ideas for great party food. Dips and Fingers include Warm Spice-rubbed New Potatoes with Rosemary Mayonnaise and a Trio of Honey-baked.

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